Columbus Municipal School District

AUGUST 2017

MIDDLE SCHOOL BREAKFAST MENU

MILK
Offered Daily
1% White
and
Fat Free – Flavored

http://www.choosemyplate.gov/

PRICES

Breakfast	
Student	$ .000
Adult	$ 1.85
Visitors	$ 1.85
Lunch	
Student	$ 0.00
Adult	$ 3.20
Visitors	$ 3.20

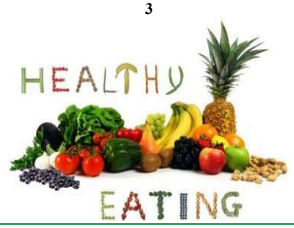
Salad Dressing

Note:
All Garden Salads on the Hot Food serving line are served with (1 oz.) or PC RF-Buttermilk Ranch Dressing

SEASONAL FRESH FRUIT
Served Daily on ALL lines

Apple, Orange or Banana
OFFERED Daily

This Menu Is Subject To Change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3 	4
7 **SAUSAGE & PANCAKE ON A STICK** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Juice Assorted Milk	**8** **GRILLED CHEESE SANDWICH** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**9** **SOUTHERN BISCUIT** **HAM SLICE** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**10** **BANANA BREAKFAST BREAD** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**11** **BREAKFAST SAUSAGE PIZZA** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk
14 **WAFFLES IN A BAG** **SAUSAGE PATTY** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**15** **SAUSAGE & BISCUIT** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**16** **APPLE FRUDEL** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**17** **WHOLE GRAIN BISCUIT** **HAM SLICE** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**18** **BREAKFAST SAUSAGE PIZZA** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk
21 **MINI PANCAKES IN A BAG** **HAM SLICE** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**22** **GRILLED CHEESE SANDWICH** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**23** **BISCUIT & BACON** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**24** **CINNAMON ROLL** **HAM SLICE** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**25** **BREAKFAST SAUSAGE PIZZA** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk
28 **CHERRY FRUDEL** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**29** **SAUSAGE & PANCAKE ON A STICK** **ASSORTED COLD CEREAL** Fresh Apple Assorted Vegetable Juice Assorted Milk	**30** **WHOLE GRAIN BISCUIT** **BREAKFAST CHICKEN PATTY** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	**31** **BREAKFAST SAUSAGE PIZZA** **ASSORTED COLD CEREAL** Fresh Fruit Bowl Assorted Fruit Juice Assorted Milk	